

The Complete Book Of Figure Skating

Figure Skating For Dummies? Historical Dictionary of Figure Skating Historical Dictionary of Figure Skating The Complete Book of Figure Skating Figure Skating Triumph on Ice Figure Skating and the Arts The Essential Figure Skater Combined Figure Skating Boitano's Edge Kids' Book of Figure Skating Figure Skating in the Formative Years Girls Play to Win Figure Skating The Science of Figure Skating A system of figure-skating, the theory and practice as developed in England, by H.E. Vandervell and T.M. Witham Combined figure skating, by M.S.F. and S.F. Monier-Williams Inside Edge: A Revealing Journey Into the Secret World of Figure Skating Competitive Figure Skating The Encyclopedia of Figure Skating Figure Skating: Girls Rocking It Kristi Yamaguchi James R. Hines James R. Hines Carole Shulman John Misha Petkevich Jean Riley Senft Frances Dafoe Patti Tashman Montagu Sneade Faithfull Monier-Williams Brian Boitano Rikki Samuels James R Hines Chros McDougall Jason Vescovi Henry Eugene Vandervell Montagu Sneade F. Monier- Williams Christine Brennan Robert S. Ogilvie John Williams Malone Pete Michalski

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a complete introduction to figure skating this fun and friendly book gives figure skating enthusiasts an inside peek at the colorful and competitive world of figure skating easy to understand explanations of the technical merits judging and scoring are given photos line drawings

figure skating is the most popular televised sport at the olympic winter games and is the oldest of the winter sports having first been contested at the games of the

fourth olympiad in london in 1908 no other sport creates such a perfect balance between athleticism and artistry and the athletes many of them household names like oksana baiul brian boitano nancy kerrigan evan lysacek katarina witt and kristi yamaguchi spend years in training to make it look effortless the historical dictionary of figure skating relates the history of the sport through a chronology an introductory essay an extensive bibliography appendixes and over 800 cross referenced dictionary entries on hundreds of skaters past and present but also on skating countries governing bodies skating disciplines technical elements skating styles and many other subjects this book is an excellent access point for students researchers and anyone wanting to know more about the history of figure skating

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the executive director of the professional skaters association psa provides proven technique instruction for more than 100 skills presenting them progressively from beginning to advanced levels of expertise 170 photos

includes techniques clothing skates instruction etc

when olympic figure skating judge jean senft blew the whistle on vote trading at the 1998 nagano winter games she opened the door to an entirely new way of judging this system which was developed and adopted following the 2002 salt lake city olympics is driving the sport in new directions as skaters are pushed to explore ever more difficult and dramatic ways of scoring points they are changing the very nature of figure skating in triumph on ice senft describes in detail how that new system has lead to this new type of skating which was so thrillingly on display at the 2010 olympics se

the grace speed and beauty of ice skating has inspired painters and sculptors graphic artists and photographers film makers and choreographers of spectacles and the designers of skates and costumes medals programs and posters advertising dolls and decorative objects with 321 images trace figure skating s eight centuries of

history see the impact it has had on the visual and performing arts from early depictions of animal bones tied to the feet to facilitate movement over frozen streams and lakes to the latest precision engineered blades used by olympic champions and the birth of contemporary free style skating fans of figure skating memorabilia collectors and historians will treasure this in depth look at this popular activity

two former competitive skaters turned teachers team up with a mental training coach to provide friendly klutz proof instruction for the beginning skater including sections on how to stop and fall beginning freestyle clothing and equipment finding a coach and mental preparation for all levels illustrations throughout

olympic ice skating champion brian boitano describes the sport of figure skating and his own experiences as a skater

we all love to watch figure skaters as they glide across the ice and perform amazing spins and jumps and now one of the world s premier skaters and teachers has written a clear kid friendly book for boys and girls of all ages who want to master this popular sport in this book she breaks down the basics of the sport for any skill level with helpful drawings and a glossary of important terms this encouraging introduction to figure skating is lively informative and fun the perfect guide to making a child s skating dream a reality

once a winter pastime for socializing and courtship skating evolved into the wildly popular competitive sport of figure skating one of the few athletic arenas where female athletes hold a public profile and earning power equal to that of men renowned sports historian james r hines chronicles figure skating s rise from its earliest days through its head turning debut at the 1908 olympics and its breakthrough as entertainment in the 1930s hines credits figure skating s explosive expansion to an ever increasing number of women who had become proficient skaters and wanted to compete not just in singles but with partners as well matters reached a turning point when british skater madge syers entered the otherwise male 1902 world championship held in london and finished second called skating s first feminist syers led a wave of women who made significant contributions to figure skating and helped turn it into today s star making showcase at every winter olympics packed with stories and hard to find details figure skating in the formative years tells the early history of a sport loved and followed by fans around the world

double axel triple toe you ve got all the right moves ever since sonja henie took the ice in 1924 women figure skaters have captured the hearts and imaginations of viewers around the world although this beloved sport is graceful and artistic don t be fooled figure skaters are intense strong athletes so lace up and get on the ice the history the rules and the heroines these nonfiction accounts of women s sports relate the interesting insights of each sport including the rules game play and

standout athletes girls looking for role models as well as the hows and whys of their favorite game will find the answers in these fresh accessible titles part history part biography and part instruction girls play to win allows readers to access everything they want to know about the game more than an introduction this series takes what is likely an existing interest and allows the reader to delve deeper content consultants are real world experts that include olympic athletes and coaches library media connection editor s choice

the science of figure skating is the first book to provide an evidence based and comprehensive reference for the scientific underpinnings of this complex olympic sport where early specialization presents unique challenges for coaches and athletes alike drawing on cutting edge research and featuring contributions from leading academics and practitioners the book covers key topics of health training and high performance in figure skating including physiological demands nutrition and hydration training methods psychology and mental performance novel issues relating to performance such as travel and jet lag technological innovation effectively and succinctly applying theory to practice the science of figure skating is a valuable resource on integrating sport science concepts into training and performance it is essential reading for any applied sport science student or researcher with an interest in winter sports and coaches sport science officers nutritionists or clinicians involved in figure skating

figure skating is the most beautiful and mysterious of all sports when the skaters are on the ice every twitch of a muscle and every slip of a skate blade is visible for the world to see in inside edge christine brennan chronicles for the first time a season on the skating circuit intimately portraying the lives on and off the ice of the sport s current and upcoming stars woven into the narrative are stories of figure skating luminaries including peggy fleming janet lynn katarina witt brian boitano scott hamilton kristi yamaguchi nancy kerrigan oksana baiul michelle kwan rudy galindo and tara lipinski revealing the backstage conflicts high profile figure skaters face and the ambition that drives them brennan also tells the stories of their families of improbable rises to the top and of wasted talents if skaters are perfect they can become international heroes but if they fall if they miss a three revolution jump on a quarter inch blade of steel the despair is theirs alone this is their life on the edge where decades of training culminate in little more than four crucial minutes on the ice there is no other sport like it there is no other story like theirs includes directory of figure skating organizations and over 150 photos and diagrams

alphabetically arranged entries include biographies of champion skaters histories of the major branches of competition and descriptions of skating forms

the contemporary era has been the most revolutionary for women in sports with more females involved in athletics than ever before at all age and skill levels largely due to the push to make school sports inclusive for girls and women this book provides a comprehensive introduction to and historical overview of figure skating it covers all aspects of participation in the sport and staying safe on the ice included are anecdotal and inspirational success stories of figure skating luminaries and special attention is paid to recent advances and trends in the sport

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